

## *Tennessee End of Life Partnership (TELP)*

# “DEFINING QUALITY” Challenges in Medicine, Law, and Ethics with Advance Directives and DNR Orders (POST)

*Tennessee End of Life Partnership* promotes high-quality, compassionate care for all who are seriously ill or nearing the end of life. Our goal is to transform healthcare so that medical care is aligned with individual patient preferences—that people get the care they need and no less, and the care they want and no more.

### **Objectives of Conference:**

- Interpret and integrate evidence-based research and literature on decision making as it applies to end-of-life nutrition care. Analyze the risk and benefits of tube feeding at the end of life. Outline the factors that effect a patient's decision about end-of-life nutrition care.
- Discuss links between oral care and system health. It will explore the importance of oral care in the aging population and outline needs and protocol for an oral health checklist.
- Review and explain the proper use of advance directives in Tennessee, focusing on the model form issued by the Tennessee Department of Health. It will also review the guidelines for identification of a surrogate for persons who have not formally named a health care agent and will explain the use of the Physician Orders for Scope of Treatment (POST) form (portable medical orders) in Tennessee health facilities.

**8:30** Welcome and Opening Remarks

**8:35** Comfort, Compassion and End of Life Nutrition Care  
Elizabeth K. Friedrich, MPH, RDN, CSG, LDN, FAND, CSG,  
NWCC

**9:45** Making A Difference One Smile at a Time  
Danita Adams, RDH, MDH

**11:00** Break

**11:15** Use of the Advance Directive, Surrogacy and POST  
Charles Key, Attorney

**12:30** Update on National POLST and Q&A  
Judy Eads RN, NHA, President of TELP  
Kim Humerickhouse, Director of Community Education

**12:45** END

**REGISTRATION INFORMATION  
ATTACHED**



**“We’re here to honor  
treatment wishes”**

**Tuesday, May 18, 2021**

**8:30am – 12:45pm (CST)**

**Via ZOOM**

**4 NAB CE Units**



**Elizabeth K. Friedrich, MPH, RDN, CSG, LDN, FAND, CSG, NWCC**

She is the owner and president of Friedrich Nutrition Consulting in Salisbury, NC. She is an accomplished speaker, author, and long-term care specialist with expertise in nutrition for the elderly. Elizabeth currently consults as a dietitian for three skilled nursing/rehab facilities, is a writer and editor at Becky Dorner & Associates, Inc, and an expert witness for legal action against long-term care facilities and registered dietitians since 2010.

**Danita Adams, RDH, MDH,**

Danita has been a full-time dental hygienist for over 30 years. She is currently Assistant Professor at the University of Tennessee Health Science Center, College of Dentistry Department of Periodontology. Danita has also worked in the private dental sector and spent many years in public health. Over the years she has routinely volunteered in Long-term care facilities. She began her volunteer work in LTCF with a denture marking projects which evolved into her educating staff on the importance of proper mouth care for the residents. Danita recently completed her Master's in Dental Hygiene with a project on providing oral care for the elderly and the oral systemic link to overall health.

**Charles M. Key, Attorney**

He is an attorney based in Memphis, Tennessee. He has an undergraduate degree in philosophy from Arkansas State University, a law degree from the University of Missouri-Columbia, and more than 38 years' experience in health care. Charles is a Past Chair of the Tennessee Bar Foundation Board of Trustees, the Tennessee Bar Association Health Law Section, and the Editorial Boards of the ABA publications *The Health Lawyer* and *Stark & Antikickback Toolkit*. He participated in a statewide workgroup that drafted the Tennessee Health Care Decisions Act in 2003, lobbied the bill in the Tennessee General Assembly in 2004, and continues to be involved in the rulemaking process through the Tennessee Department of Health as a member of the Tennessee End of Life Partnership (TELP). Charles is also a member of the Plenary Assembly of National POLST, an independent 501(c)(3) nonprofit organization promoting a standardized process for developing portable medical orders (formerly called "Physician Orders for Life-Sustaining Treatment") for patients located throughout the United States.

***Tennessee End-of-Life Partnership (TELP) is a non-profit, statewide organization committed to defining and promoting best practices in End-of-Life Care. Membership includes health care professionals, educators, policymakers, associations, consumer advocacy groups, healthcare facilities, and corporate representatives.***